



Akela's Shout

News in brief News in brief **News in brief** News in brief

Beavers - Get making stuff for the handcraft

Cubs - Swim swim swim

Scouts - Well done to the Mark Sutton teams



Akela says...

Hi everyone, hope this issue finds you well.

Lots of competitions in January and many more in February.

First up on 18th January was the chess comp. for cubs and scouts. We had 3 cubs and 2 scouts take part. The Cubs were Lewis Sibbons, Drew Searle and Charlie Lewis. The scouts were Billy Marbe and Tobi Trott. Lewis came 1st in the cub section. Billy won the scout comp with Tobi coming in 3rd. Well done all of you.

Next up on the 25th January for the scout section was the Mark Sutton Comp. This is a test of their skills in Map reading and compass, Knots, Cooking, First Aid and general knowledge. We had 2 Patrols entered the Tigers who were Billy Marbe, Tracey Martin, Sam Harvey and John Noonan. The Panthers were Hayley Barham, Joanne Noonan, Rebecca Ratford, Adam Oxley and Jenny Lewis. The Tigers came 1st and hopefully we will have the trophy at scouts tonight (4/2/03). We haven't won this trophy since Baggy and my son were in the Scouts, so well done Tigers and well done Panthers

On Saturday 1st 60 Beavers, Cubs, Scouts, Mums, Dads and Leaders from different groups went to see the Sleeping Beauty. It was good fun and everyone enjoyed themselves. Oh yes they did!

Next up on Saturday 8th February is the swimming gala. Lets see if we can keep up our winning start to the year.

If there are any scouts who would like to camp Friday 21st to Sunday 23rd February at Thriftwood cost £15 please see me.

That's it from me, see you soon, take care

Akela

Fundraising

Watch the notice board for details of the quiz.

Camps

**Friday 2nd to Monday 5th May
District Camp**
Belchamps
Cost £35

**Friday 23rd - Monday 26th May
Camp**
Thriftwood
Cost will be approx £40
Open to all cubs

**Sat 16th - Saturday 23rd August
Pack Holiday**
Cost will be approx £100
Open to all cubs

Please remember you can pay weekly or monthly for these camps to help you budget.

Scouts - www.scouts.org.uk
District Website - www.barking-dagenham-scouts.org.uk

Scoutbase - www.scoutbase.org.uk
Scouting Resources - www.scoutingresources.org.uk

County - www.gln-scouts.org.uk

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Beavers

Sunday 2nd March
Founders Day Service
St. Patrick's. 3:00 p.m.

Friday 7th March
Hand in Handcraft Exhibits
8:00 - 9:00 p.m.

Saturday 8th March
Handcraft Competition
St. Mary's, Grafton Road
1:00 p.m.

Cubs

Saturday 8th February
Swimming Gala
Dagenham Pool
5:00 for 5:30 p.m. start.

Sunday 2nd March
Founders Day Service
St. Patrick's. 3:00 p.m.

Friday 7th March
Hand in Handcraft Exhibits
8:00 - 9:00 p.m.

Saturday 8th March
Handcraft Competition
St. Mary's, Grafton Road
1:00 p.m.

Scouts

Saturday 8th February
Swimming Gala
Dagenham Pool
Speak to Akela if you want to go.

Sunday 2nd March
Founders Day Service
St. Patrick's. 3:00 p.m.



101 Things my leader forgot to tell me (part 3)

Make sure your gas bottles are full before taking them to camp

Gas bottles tell you how much gas is inside but don't normally tell you how much the bottle itself weighs. When you get a new one weigh it on the bathroom scales and write the weight on a sticker or label around the neck. Check this occasionally and when the new weight is almost the same as the original minus the weight of the gas you know the bottle is empty.

Don't cook in a hike or patrol tent

It takes about 30secs for an 8 man patrol tent to burn... the stuff in it takes longer to finish off. A nylon hike tent will burn even faster, and even if it is "Flame retardant" it will go up in seconds. What's worse is that the burning nylon will drape a layer of burning plastic over everything in the tent, including anyone who happens to be inside.

Don't store fuel in a tent, EVER.

Scouts have died from fuel leaking, both gas and meths by being choked by fumes or burnt alive.

To clean burnt food off billies

Add some long green lush grass, water, bit of washing up liquid, and heat. When it starts to bubble, burnt stuff will scrape off pretty easily. Alternatively don't put washing up liquid in initially and add a large amount of salt, salt is usually the best ingredient for removing stuck grime on the inside of a pan...

Scrub a badly burnt frying pan with sand or gravel

But not a non-stick one

Measure your mug before camp

Use it for measuring out liquids when cooking.

Learn to cook at home before you go to camp

Also understand a little bit about nutrition, that way you won't go hungry at camp and on activities

Don't put nuts in emergency rations

If someone does become nut intolerant then a mountain emergency isn't

the time or place to find out. Dairy Milk's a good choice, as they come in waterproof packets

Keep food cold in a cool box full of water

Its easier than a bucket, stays cold longer, and you can fill it up in the supermarket

Know about the metabolism of chocolate and how much water it requires.

Roughly a half litre per Mars bar.

If you are given an axe in a forest by a Scout leader and told to get some fire wood, DO NOT start on the nearest trunk you find!

Cylindrical airtight container for loo roll

Wet toilet paper is useless. Plastic bags collect water and get lost, hanging from the tent they get damp and left on the ground they get muddy and damp.

About fires..

Chop twice as much wood as you think you need

That way you will have enough for the next meal too and will be able to get it started earlier. Cut more wood while the food is cooking.

Keep a small bag which you fill with tinder as you walk about during the day and keep it in your tent at night.

Fresh kindling will always be damp in the morning, you will have your fire alight much quicker if you have dried some out overnight, and can even use it to start a fire with wet wood.

Silver Birch bark burns well

Dried silver birch bark when scrapped up into flakes will burn exceptionally well.

Split a bigger log to get dry wood.

Most wet wood is dry in the middle, so split it up 4 ways and most of the surface will be dry.

Hand axes are for cutting along the grain

I.e. Splitting wood and not for cutting across logs, use a saw for this.

Do not throw hand axes